## Love and its Types -12 types of love

## **Ross Nazirullah**

# LOVE AND ITS TYPES

12 types of love

Written by: Ross Nazirullah The LORD appeared to us in the past, saying: "I have loved you with an everlasting love; I have drawn you with unfailing kindness." (Jeremiah 31:33)

## Dedicated To My great and respected Youth

First Edition: November 2023

#### Prologue

Stepwise progress- and godliness with brotherly affection, and brotherly affection with love. (2 Peter 1:7)

We know that people use the word love in many different ways. The Bible says that <u>God is love</u> and that humans crave love from the moment of existence. But the word *love* describes an emotion with vastly differing degrees of intensity. Originally <u>love is forever-</u> (1Corinthians 13:13). Four unique forms of <u>love</u> are found in the Scripture. They are communicated through four Greek words (*Eros, Storge, Philia*, and *Agape*). In Greek there are 4 types of love and in Urdu there are 7 types of love.

Perhaps it is linked with race! In my back country sometimes people are recognized by their race. For example; Arain / Rayeen-(an agricultural caste), considered very romantic. Jutt cast-(an ethnoreligious group, having agricultural farms), considered having selfrespect, high-minded, with keen sense of honour.

Some animals/birds are more faithful as others. e.g. Dogs (esp. some races) and cats; some birds, e.g. pet pigeons-dove(Gen.8:11). There are some <u>accelerating factors</u>, see Appendix C/p-28, for that.

There is a difference between for a young person to look his mother [\*C1] and a young girl of his age. [\*A1].

There are two identities lover and beloved. But I will talk here only about lover (not about beloved, its separate story). So <u>one way perspective</u> will be discussed. No negative types, such as, jealously or so.

I have added three appendices for understanding this book.

Beauty is linked with \*B-type love. But I will try my best, not to talk about love that is linked after looking <u>beauty</u> (see p-9).

Before writing this book, sometime my inclination was with \*A2 and \*B3 types of love. Now I am much aware of these types of love and now I am after \*D3 type of love.

To protect privacy, in <u>some places</u> I didn't use real names, replaced with some other names. I <u>intentionally omitted the word sex</u> usually as it is taken in negative sense.

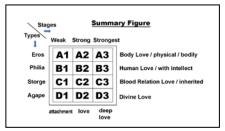
Everyone gives and receives love differently, and some people are more capable of experiencing certain types of love than others. Which type of love you value most is ultimately up to you.

\*See page 7, for types of love.

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#### **About Love Types**



#### Four types of loves (Greek words)

- 1) Eros romantic love. [A]
- 2) Philia friend bond. [B]
- 3) Storge empathy bond. [C]
- 4) Agape unconditional "God" love. [D]

#### Seven types of love (Urdu words)

- 1) Oons (light attachment), 2) Pyar (love), 3) Muhabat (very love),
- 4) Shafqat (elder brother's love to younger brother),
- 5) Dosti (friendly love), 6) Ulfat (deep love) and 7a) Ishq-i-mujazi (romantic love), 7b) Ishq-i-Haqeeqi (love to God)

Before starting love, check which type of love you are looking for!

Turn away my eyes from looking worthless things. (Psalms 119:37)

Do not look on the wine when it is red, when it sparkles in the cup. At

the last it bites like a serpent, and stings like a viper. (Prov 23:31-32)

A3 overruled especially teens and youngsters.

B3 overruled, especially on students.

C3 overruled, especially on parents.

D3 overruled, especially on old persons.

For <u>balanced life</u>, it's advisable to have A2, B2, C2 & D2.

Do not be over righteous, neither be over wise—why destroy

yourself? It is good to grasp the one and not let go of the other.

(Ecclesiastes 7:16,18)

And Jesus increased in wisdom and stature. And in favour with God and with people. (Luke 2:52)

Media usually talk about B3 love

\* Artist's heart ruled over his brain.

- \* Scientist's brain ruled over his heart.
- \* Intellectual's soul ruled over his spirit.
- \* Spiritual person's spirit ruled over his soul.

#### **Body, Soul & Spirit**







A <u>statue</u> has only body, without soul or spirit. A <u>chimpanzee</u> has body and soul without spirit. A <u>human being</u> has body, soul and spirit.

#### Holding cup of water



My <u>body</u> will say, it is liquid (not solid or gas) My <u>soul</u> feels, as no taste; (5 senses-touch, sight, hearing, smell, taste) My <u>spirit</u> (conscience) determines whether it is holy or unholy

#### **Interactions:**

When I shake hand, I have physical (body) interaction with second person.

When I talk with second person, my intellect (soul) is interacting intellectually with his mind.

[I cannot communicate with dead person! As his soul is no more.]

When I see with my conscience to a second person, spiritually (spirit), I can assess him.

*The spiritual person judges all things, but is himself to be judged by no one.* (1 Corinthians 2:15)

Physically strong person may be a wrestler.

Intellectually strong person may be a scholar.

Spiritually strong person may be a prophet, preacher or so.

#### God's Plan:

May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. (1 Thessalonians 5:23)- Progress of all three! Setan's plan:

#### <u>Satan's plan:</u>

Your body remain- weak, sick, injured, etc.

Soul may not progress- no education, no intellectual progress, etc. Spirit may remain faint- dead, blind, etc.

#### Beauty

*Charm is deceitful, and beauty is vain.* (Proverbs 31:30) Beauty lies in the eyes of beholder –Margaret Wolfe Hungerford This topic of beauty would take to write a whole book. But here I have reserved only one page for that.

Beauty is commonly described as a feature of objects that makes these objects pleasurable to perceive. Beauty, together with art and taste, is the main subject of aesthetics, especially the sight. Beauty is one of the rare things that do not lead to doubt of God. Beauty is something or someone that moves you.

First of all, beauty is not only physical. Yes, there is physical beauty but it doesn't mean anything. Beauty with brains is a useful definition but beauty with heart has even more depth.

You may fall in love with a person because that person makes you happy. Beauty is something or someone that moves us emotionally. When we perceive beauty, we feel it at the core of our being, and we just know that we experienced something beautiful. There is nothing else that could define beauty.

Eve was the most beautiful woman who ever lived. But after fall of Adam and Eve in sin, the situation changed for their future generations. Although human preference for beauty is common and compelling in our daily life; but fundamentally natural tendency towards beauty encoded in the human mind. Humans automatically exhibit preference for visual and moral beauty without explicit mental efforts.

Red, black and then blue are most attractive colors to entangle with them. Vision is the <u>sense</u> that <u>requires the most</u> "learning", and the eye appears to delight in being fooled.

Looking- eye sensitivity is extraordinary. It plays fundamental role in

providing individuals viewing all the physical features. The functions

of the eye surpass the roles of other intelligences.

You (Satan) were full of wisdom and perfect in beauty. (Ezek 28:12) She saw that the tree was beautiful and its fruit looked delight to the eyes. (Genesis 3:6)

<u>Satan tactfully use</u> this human aspect of looking through eyes, the charm and beauty for his evil purpose, who is also called the devil the deceiver of the whole world.

#### A - Eros – romantic love

Let marriage be held in honor among all, and remain faithful to one another in marriage. (Hebrews 13:4)

Man in his honor, but who does not understand, is like the animals that perish. (Psalms 49:20)

Abstain from fleshly lusts which war against the soul.(1 Peter 2:11) Eros (pronounced AIR-ohs) is a Greek term.

Sexual mood is linked with animal/human body. It is physical love or sexual desire. Eros is the type of love that involves passion, lust, and/or romance. It is the sensual love between people who are sexually attracted to each other. It is a primal love that comes as a natural instinct for most people. It's a passionate love displayed through physical affection.

The connotation of the word became so culturally degraded by the first century that <u>it was never once used in the New Testament</u>.

<u>Eros does not appear in Old Testament writings</u> either because they were written in Hebrew (*eros* is a Greek term). But the concept of eros is clearly expressed in Scripture.

God is very clear in his Word that eros love is reserved for marriage. Sex outside of marriage is forbidden. God created humans, male and female and instituted marriage in the Garden of Eden. Within marriage, sex is used for emotional and spiritual bonding and reproduction. Within the boundary of marriage, eros love is to be celebrated.

You know those warm fuzzy feelings that make us want to be with a person more than anything? These do not come from our hearts, as popularized by romantic folklore, but mostly from our brains. We fall in love for a number of reasons, and our body responds accordingly with hormones strong enough to get us hooked.

These romantic behaviors include, but are not limited to, kissing, hugging and holding hands. This love is a desire for another person's physical body. Eros love is the physical, sensual intimacy between a husband and wife. It expresses sexual, romantic attraction. <u>Greeks</u> were actually fearful of this love, as they associated this instinctual impulse for pleasure and procreation with a dangerous loss of control usually isn't that deep.

**A1-** Love to persons by instant looking [esp. the romance] *God gave them over to a depraved mind, without natural affection.* (Romans 1:28,31)

Sometimes, you aren't actually looking at her from a distance but looking through her making a method of seducing her.

Your posture, body language, facial expressions, and other things can tell her a lot about your personality, your current mood and other things. The curious facial expression spiced up with a smile, then tried to get to know you better before ready to eventually approach you.

You mesmerized her and can't help but she observed everything you do. They say that a picture is worth a thousand words. By just observing you and the little things that you do, he can learn a million things about you.

i) <u>Current Mood</u> - First of all your personal feelings that involves some factors, e.g. physical health, emotions, lifestyle, anxiety or depression.

ii) <u>Eye contact</u> - Look out for how often he glances at you and for how long. If it lasts more than a few seconds, this is a clear sign of interest. Eyes are one of the main flirting tools. The eyes never lie.

iii) <u>Facial expression</u> - Does his face tell you that he's lost, anxious, or just happy to look at you from a distance?

iv) <u>His stance</u> - The psychology of body language claims that we subconsciously point our feet to the object of our attention (or affection). If his feet are pointed toward you, then you know he's thinking about you.

v) <u>His arms</u> - If his hands are on his hips, it means he's in control and ready to pursue you.

vi) <u>Staring location</u> - Location also plays a great part in interpreting their intentions. If a guy stares at you at a bar or in a pub, his eyes roam over your body. If keep staring made her quite uncomfortable and confusing. Constant staring shows that Ali has a secret crush for her. If he's alone, then yes, he's probably waiting for the right time to make a move, accelerated by giving him a flirty smile.

vii) <u>Mirror Test</u> - When we're attracted and connected to someone, we tend to mirror their actions/gestures. If I touch my ear, forehead, hair or place your hand somewhere, or do anything else only to see if he'll do the same thing, then may be connected/attracted to me.

#### **A2-** Love to near persons-travelers, neighbors My brothers and sisters...serve one another humbly in love. Love your neighbor as yourself. (Galatians 5:13-14)

#### House neighbor

Neighbours come in all shapes and forms. Some become your best friends, others simply wave from afar. I used to have fellowship with a young couple living next door in my building. Sometimes they used to borrow a cup of sugar or so. Exchange some meal or so, used to have prayers together. After 5 years they move and now simply I remember them in my prayers occasionally.

#### Railway train fellow passenger

I had just finished my vacations and was travelling back to my job. It was a 10hr non-stop train. I saw one person sitting nearby window's small seat in an uncomfortable position due to his leg problem. I offered my comfortable berth seat. First he was hesitant then accepted my offer. And then he was able to lie down properly. Then I took his seat which was close to that. Train started moving. We started conversation and got to know few things about each other and talked about our lives. I offered him food to eat. He told me how his leg broken and then asked me about my job, education, etc. It was a very healthy and a lively conversation. We even exchanged addresses and promised to stay in touch. We gave high-five to each other. It would be a memorable moment for me. For 3 years I remembered his face and everything we did, later on forgotten all.

#### Airplane fellow traveler

The romance of air travel has its own place, sometimes a lasting friendship but usually for time being. Nancy witnesses a romance with a passenger of nearby seat and she enjoyed the conversation and put on Instagram later after two weeks removed. Since it's known that people in an elevated physiological state are more likely to perceive others as more attractive, more likely that two people would develop an attraction for each other on a plane than in other situations. I once met a person on a plane and we ended up in six-month relationship. Sometimes seating us next to a well-adjusted person would improve our lives, at least for a few hours. A3 - Love to close persons- physical attachment (Intentionally I excluded the word sex in my text) Love of Amnon with Tamar (2 Samuel 13:1-2) "Love is giving and it has nothing to do with what you receive."

#### Husband and wife

Love that sparked between Ruth & Boaz has proved far more enduring than any of these love affairs. It still affects the lives of all the billions of us living today. It deals with cross-cultural love.

Sam and Sherry were married for 80 years, their love seemed so fresh and young – a bond of true love. Sam brought Sherry in a wheelchair to the hospital as she was suffering from osteoarthritis with old age more complications. Even though Sam himself wasn't that fit enough and age had weakened his body, but he was still strong mentally and wouldn't make any compromises for the love of his life. That's unconditional love without looking personality.

Who says that only young lovers can spread the fragrance of love? Actually love looks through heart which has one eye as compared the brain with multi eyes!

Pet dog, cat & chickens

In our house we had chicken and a pet cat. In winter time cat used to sleep with chickens in the small chicken house/enclosure/coop.

Once at day time I tried to throw a stone on that cat, still I remember the cat first saw the baby chicken/kids and then to me. Actually she was telling me that I never do any harm to your chicks then why you want to throw a stone on me?

We see in some houses pet dog and cat lives together and never harm each other. Amazingly dog hurt outside but not in the home as cats/dogs, the pet animals live together in the house!

A hen protects her chicks beneath her wings. (Matt 23:37) I saw in my family house sometimes brave mother hen fights with eagle to save her chicks.

Old Servant/Nanny (Philemon 1:15)

In our family, a servant/nanny was very faithful. Still after 50 years or so her daughter is serving some of our family members.

Mother's love for kids

California mother saves her 5-year old baby from mountain lion attack. The child's mother reacted to the swift attack by yelling and screaming at the mountain lion, which then "carelessly abandoned" its prey.

#### **B** - Philia-love of friends and equals It is not good for a soul to be without knowledge. (Proverbs 19:2)

This romance is linked with Intellect (soul). Its nourishment is knowledge/education.

Philia is the love that develops over a deep, long-lasting friendship. It's platonic, respectful and you care deeply about that friend knowing you can confide in them and trust them to the ends of the earth. It is a deep friendship or brotherly love. It's often described as a non-sexual affection between friends, family members, or colleagues. Quite often in scholarly works philia is considered to be the highest form of love, which is an idea some may find hard to grasp. This type of love is not physical at all. It's typically a love that means you care for someone, they are important to you, and you are emotionally connected to them, but you usually do not have romantic feelings for them.

Philia love is characterized by a mutual affection for one another, by getting on well together and wanting what is best for the other person without an interest in and what is best for yourself.

Some examples of these might include love of father to son, elder to younger or ruler to subject. According to Aristotle, a person can feel philia towards someone for one of three reasons: their utility, their pleasantness, and their goodness. Two friends talk about how deeply they understand each other, and how that security and openness causes them to feel comfortable and taken care of. Loving someone the way they are and loving them until your last breath without expecting anything in return is the purest form of love. For the Greeks, the term philia incorporated not just friendship, but also loyalties to family and polis-one's political community, job, or discipline. Philia is a dispassionate virtuous love, a concept developed by Aristotle. Philia as "platonic" love, as it was Plato who argued that physical attraction wasn't necessary for love.

Philia is love without romantic attraction and occurs between friends or family members. This is not an easy love to achieve, as it requires patience, tolerance, compromise, and a significant amount of time. Some characteristics of this bond include loyalty, communicating good and bad emotions, sacrifice, and a shared goodwill. Please visit Appendix-B (page 27) and check the phenomenon of Resonance/Magnet where Resonance in love is illustrated with Transmitter/Receiver examples.

#### **B1** - Love to strangers

Do not forget to show hospitality to strangers. (Hebrews 13:1-2) Greet each other with Christian love. (1 Peter 5:14) It is the type of intimate love in the Bible that most Christians practice toward each other, encompassing love for fellow humans, care, respect, and compassion for people in need.

#### Passing-by travelers

Once a person travelling in a car saw a little boy smiling and waving his hands towards him in such a beautiful way that he stopped his car and gave him \$10/-.

Once in summer time I was on my bicycle on my way to work and one person was also on his bicycle moving parallel to me. He said I am hungry and didn't take any food for two days. I got great compassion and gave him \$20/-.

#### New immigrants/students

One student Ahmed describes how these adaptable migrants learned to enjoy the life in London. He talked about his way into the different observatories that placed England at the forefront of the scientific revolution. All the while, his dream became true of becoming the only person among his many immigrants to study at Oxford. He encountered with some Evangelical Church people who helped him for accommodation.

I know one person, when he came for higher studies in USA and had some economic problems. One Christian family accommodated him as their own child. And he came back to his country with great obligations. Luckily became Head of State of that country and gave extra favor to Christians who were living in his country as minority.

#### Meeting differing cultural background

I met with a person with different upbringing, shapes, origins, and most importantly characters that are intertwined with me. However, a stranger always shares an attribute or more with us. He got some dispute with her wife. The Judge ordered for not to stay with her. Being a new immigrant he had no place to live. I accommodated him for couple of months. He was willing to listen and got re-united with his wife. Get out of your comfort zone and familiarity crutch and taste life on the other side.

#### B2 - Love to colleagues, students & doctors

Your love may abound still more and more in knowledge and all discernment. (Philippians 1:9)

You have sincere love for each other, love one another deeply, from the heart. (1 Peter 1:22)

#### **Close relation between student/teacher**

Sometimes student/teacher relation becomes very significant. Once I got forced Government transfer from one college to other college. My old students behaved surprisingly! The whole college students made strike in favor of me.

Some students are more favorable than others. I remember five of my students, in my daily prayers since 50 years. Again once I had my forced transfer from one college to other college. One of my old class students were very special as they had great love and respect for me and are in my daily prayer list.

#### Close relation between patient/doctor

55 years back still I remember one passionate doctor who came to our home with 30 minutes walk to observe my ailing sister.

Alice narrates that she made doctor's appointment and when went to her office. She asked many questions about my health so I made answers accordingly. She made a diagnosis and told to take medications. When I listen to him talk to me about her day, job and experiences I can only envy the passion that drives her efforts and actions. She was very considerate and compassionate to their patients. I observe doctors are extremely sensitive and considerate.

#### Love to professional colleagues

45 years back when I started my career as Physics Lecturer, I had a good roommate at my residence. Daily I used to read Bible and pray for one hour and he never interrupted me. Also he used to say prayers according to his religion. Still now I pray for his family and sometimes we made contact on telephone.

Najama told me that one of her colleagues were in pain and are undergoing some personal stress. She made her to feel secure and comfortable at work. That made good connections. That earned the best and the most reliable form of character certificate that Najma could bank on. B3 - Deep love to fully 'tuned/resonance'

It's the love to persons fully 'tuned/resonance' [see Appendix-B] <u>Spiritual Love</u> (with Jesus)

So I will very gladly spend for you everything I have and expend myself as well. If I love you more, will you love me less?

(2 Corinthians 12:15) [see in love type-D3] **Worldly love** (without Jesus); its legendry that some poets put:

#### Heer Ranjha (before1766)

It's a popular tragic romance of Punjab. A romance opposed by family members. At wedding day Heer died by eating poisoned Laddu (a sweet) and Ranjha also ate the same and dies by her side.

#### SohniMahiwal (before 1857)

Sohni (a potter's daughter) and Mahiwal (a rich trader) fell in love. Sohni married to other person. Once Mahiwal cut his thigh and roasted to give hungry Sohni. Another day she took unbaked garrha (clay pot) to swim across the river, halfway that disintegrated. Mahiwal swam to save her but due to his loss of blood they both drowned in the Chenab River<sup>\*</sup>.

#### Anarkali (death 1599)

Anarkali (a dancing girl- not of noble birth) and the Mughal prince Salim fell in love. She intervenes and renounces her love to save Salim. Later she was entombed alive in a brick wall right in front of her lover's eyes. The heartbroken Salim lives on to become Emperor Jahangir.

#### Romeo and Juliet (1591-95)

In Shakespeare play – a tragic love story where the two main characters, Romeo and Juliet, are supposed to be sworn enemies but fell in love. Due to their families' ongoing conflict, they cannot be together, so they kill themselves because they cannot cope with being separated from one another.

#### Just note how Satan trapped them to death (which is not God's Plan!).

I am lovesick. (Song of Solomon 2:5) Love is as strong as death, It burns like blazing fire, like a mighty flame. It would be utterly scorned. (Song of Solomon 8:6-7)

 ${}^{*}$ I used to swim in this river with my College colleagues during its low stream.

**C- Storge-**Applies to love of parents and children *Be kindly affectionate to one another with brotherly love, in honor giving preference to one another.* (Romans 12:10) *Honor your father and your mother, so that you may live long in the land the LORD your God is giving you.* (Exodus 20:12)

The family was a vital part of ancient Jewish culture. In the Ten Commandments, God charges his people to honor father and mother. Love one another with brotherly affection. It means "loving dearly, being devoted, being very affectionate, loving in a way of the relationship between husband and wife, mother and child, father and son, etc."

Storge (pronounced *stor-JAY*) is a Greek word describes family love, the affectionate bond that develops naturally between parents and children, and brothers and sisters. It is used in Christianity to mean family love, the bond among mothers, fathers, sons, daughters, sisters, and brothers. Storge is explored by C. S. Lewis (1898–1963) as one of "four loves" in his book.

Many examples of family love and affection are found in Scripture. e.g. i) Love and mutual protection among Noah and his wife, their sons, and daughters-in-law. [Genesis 7:7] ii) Love of Jacob for his sons. [Genesis 49] iii) Strong love of the sisters Martha and Mary for their brother Lazarus. [John 11:1-5] When a person becomes a follower of Jesus Christ, he or she enters into the family of God. The believers' lives are bound together by something stronger than physical ties—the bonds of the Spirit. Christians are members of God's family and are related by something more powerful than human blood. God calls his family to love one another with the deep affection of storge love.

This kind of love is that of kinship, naturally flowing between parents and children.

It involves an unbalanced relationship of dependency, and it is unconditional. This kinship bond is one of the most powerful loves. Therefore be imitators of God, as beloved children. And walk in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. **C1** - Love to distant relatives/race/nationality David said, "Is there still anyone who is left of the house of Saul, that I may show him kindness for Jonathan's sake?" (2 Samuel 9:1) David found an Egyptian in the field. And gave him bread and he ate, and let him drink water. (1 Samuel 30:11)

#### **Distant relatives**

Sammy visited India after 10 years said that we barely know each other (she was 8 years younger than me). It was hard to control our feelings, at least we failed and we became more than relatives. We had our blood relationship no one stop us to meet each other and be close. It's amazing for me for someone's love and she reciprocated that. So I cultivated the feelings for some time and returned back.

#### From airport-same language/nationality

After 8 years when I came back to my home country, I talked with a person on the airport in my mother tongue; what an amazing occasion!

Emma told when she came back to his home country and met his second cousin. I thought it'd be great if we bonded. He was 4 years older to me. So I hit the request button. We started talking, not in our native language but in English. So naturally there wasn't any way I could address him as my 'big brother' (we call elder brothers 'dada' in my native language). His personality, a few common interests, philosophical talks, introducing me to metal music, narrating his sad life story, all got me hooked onto him, pray for him, sympathize, and get addicted to talking to him. And I realized I liked him. Coincidentally, the same day he confessed to me that he liked me. He claimed he was schizophrenic, had family issues, and missed his exwife. He took breaks from me. He just used to stop replying for a few days, weeks, months. And on Christmas, I got his message that had his apologies. He said that we took this relation too far. Later we had never met even once.

#### Parent's village/same race

After a long time, I went to my parent's village and met few of my so called related people. Some of them were of same race as of mine. One of the most appealing person was Robert. I talked with him for hours and hours. Stayed over there for four days and daily talked for hours. After three months when came back to the city and no more remembering or contact anymore.

#### C2 -Love to cousins, friends and close relatives Do not forsake your own friend or your father's friend. (Prov27:10)

#### **Intimacy with cousins**

Hans told his story that once the family of his dad's cousin came to his home for living couple of days. At dinner time he got some intimacy with his cousin. He had fellowship, chat, etc. for couple of days. Later on texting on phone and once to meet he went to her city. As time goes on both got their own obligations.

Ben is living in a city along with families of some other cousins. Their kids used to have sleepover at summer time in mutual homes. In their culture romantic relationship between relatives is generally considered illegal. (In some cultures it is permissible to date your relative or cousin). At teens age some young get confused with such issues! My aunt and cousins were very friendly and I enjoyed being around them since I was a child. After the long drive, we arrived to the warm greetings that family brings. My parents visited for a while and then left hastily to catch their flight. I hadn't seen my aunt and cousins for about 2-3 years, so we had a lot of catching up to do. I've spent enormous time my entire childhood with their family and they were also very fond of me.

#### Intimacy with close relatives

My niece's daughter of age 2 years changed 4 times her nanny. But when I went to England, at first look she became my friend. One of my dad's niece's daughters is living in USA. I never meet her. She sent condolences for one of my relative's death. She contacted nearly after 60 years; one of my sisters-in-law, who I never saw face to face, sent condolences and have contacted nearly after 55 years and now she is my face book friend.

#### Intimacy built up over time

At a point in life you need someone to talk, to listen to your thoughts and your words. Partition of India in 1947 was the change of political borders and the division of other assets. My dad moved to Pakistan by himself for a time being and made one friend and built up over time friendship. Still I remember our both families used to go each other's house with whole family on every family celebration occasion. Still after more than 70 years children's children of both families have some contact.

**C3** - Love with parents/brothers/sisters *Our father's life is bound up in the boy's life.* (Genesis 44:30) Jacob has more love for Joseph and his brother Benjamin as compared to other children.

#### Father's letter

A father used to give great advice to his son whose living was not acceptable. But he never cared about that although he loved his father. Before death he called his son and told please open that certain cupboard and pull certain paper after my death. When his father died he opened that certain cupboard and pulled the paper on which a poem was written for him. In which father wrote about changing of his bad life into an exemplary life. Due to love of his father he changed and started living a good life.

#### Prisoner of war

In 1971 Indo-Pak war, Indian authorities held lots of Pakistani prisoners of war. One girl in Pakistan had blood cancer, doctors told about her short life. Upon high diplomatic talks between two countries, the dad of that girl was released for returning to Pakistan. That girl remained alive for many months to wait for her dad. The very that day when her dad came back and met her with lapse of some hours she died!

I saw in a TV speech, Yasmin told "I was only 2 years old when I met my father, now I turned eleven; I miss my father like anything. I crave to hear his voice." Her father was arrested in 2014 and was sentenced to life in prison. And no passion was shown for that.

#### Husband's legacy

Daisy told that my husband's eldest brother died 40 years ago, at the age of 16, decades before our sons were born. Yet they can recite Uncle Kelly story as if he were a person who existed in their time. My small boys played pirate with the wooden sword Uncle Kelly carved. An egg their father kept on a shelf in his office, the one that Kelly created with Paper mache; there is something inside. Son told to his younger brother. On our living room wall hangs a picture Kelly painted the same year he died, a folk-art version of a dory tossing in whitecaps, framed in shiny gold leaf, shown in a family photo, was only 16 when he died.

#### D - Agape-Love of man for God

You shall love the Lord your God with all your heart, with all your soul, and with all your strength. (Deuteronomy 6:5) We have come to know and have believed the love which God has for us. God is love, and the one who abides in love abides in God, and God abides in him. (1 John 4:16) Keep yourselves in the love of God, waiting anxiously for the mercy of

our Lord Jesus Christ to eternal life. (Jude 1:21)

In Hebrew the word for love is AHAVA . In those days ARAMAIC in which the word for love is RAKHMAH. But when Gospel spread all over the world they translated into Greek and in which the word is AGAPE. Early disciples didn't look in dictionary for that, but they look the teachings of Jesus. Jesus quotes in Deuteronomy 6:5 for God's love.

Greek agapē, in the New Testament, the fatherly love of God for humans, as well as the human reciprocal love for God. In Scripture, the transcendent agape love is the highest form of love and is contrasted with eros, or erotic love, and philia, or brotherly love. Agape love, which is most often crowned as the highest form of Christian love, is the kind of love and action that shows empathy; extends the desire for good of the beloved; wants the best; extends help or demonstrates good intentions; and is intended for everyone. Empathy is the key to agape, which is believed to be the highest form of love, yet is also in too-short supply today. This love is selfless, unconditional, and extends to every single person in the world. It's an undiscriminating love for humanity as a whole.

The ancient Greeks believed this love to be radical, as so few seem capable of experiencing it long-term. It's the kind of love attributed to figures like Jesus Christ (i.e. suffering for the happiness of others). This love is given freely to people of all walks of life, and without any expectations or judgment.

Hallett describes this love as a compassionate love for everyone, also known as universal loving-kindness. It's the love you feel for all living things without question, that you extend knowingly without expectations for anything in return. It's a very pure and conscious love.

#### **D1** - Love to church congregation

Also Christian love especially to the world/non-Christians. For we have heard of your faith in Christ Jesus and your love for all of God's people. (Colossians 1:4) By this all will know that you are My disciples, if you have love for one another. (John 13:35) May the Lord make your love for one another and for <u>all people</u> grow and overflow. (1 Thessalonians 3:12)

#### Church community

Here you can make friends, feel a sense of belonging, and build a support network that you can rely on. The church community helps us to "mourn with those that mourn; yea, and comfort those that stand in need of comfort". A little boy attended a Sunday school. Parents moved far away still he used to attend the same Sunday school, although it meant a long, tiresome walk each way. Love for the church starts in a local church—a place with real people with real gifts and real problems. Christians around the world grow out of this seedbed.

#### Mother Teresa

She was an Albanian-born Indian Roman Catholic missionary and nun who devoted her life to helping those most in need. For over 45 years, she ministered to the poor, sick, orphaned and dying.

#### Work colleagues

I worked in 4 different cities being College lecturer. And have more than 3000 students and lots of colleagues. Still I have contact only with Christian colleagues and also with some Christian students. And have contact with very few non Christians of those who knew my Christian behavior.

#### Church Fellowship

51 years back we had a Church Youth Group. As time goes on we changed its name from 'Students Fellowship' to 'Youth Fellowship' then 'Family Fellowship' and presently 'Church Development Fellowship International'. And still have contact with each other. We have our website, Face book and WhatsApp group.

**D2-** Love to God's people- ministers, pastors For the lips of a priest should keep knowledge. And people should seek the law from his mouth; for he is the messenger of the Lord of hosts. (Malachi 2:7)

Let the elders who rule well be considered worthy of double honor, especially those who labour in preaching and teaching.(1Tim5:17)

#### Rev. Edgar Khan:

He served as pastor in Naulakha Church, Lahore, Pakistan for 41 years (1960-2001). I have great love and reverence for my old pastor. He was always on call. Once he did a marriage ceremony right after that he went for a funeral! During night at 3 am I knocked the door of my pastor to stay for couple of hours, before taking a train by 7 am. He opened and accommodated me happily. In late ages I used to pray for him many times a day. As a result he remained in very poor health for 6 months and God allowed me to see him before his death.

#### Brother Yousaf Masih:

He served as a pastor in local Church, Shahdara, Pakistan for 40 years (1959-1999). He used to come in our home every month. I got lots of Biblical teachings from him. Still his family is in my daily prayer list. In his congregation a person died, he prayed and he raised from dead.

#### Pastor H.H. Barber:

Pastor H. H. Barber served as senior pastor in Calvary Temple, Winnipeg, Canada, for 43 years (1953-1997). At the end of every sermon he used to make altar call. Now I am going to his son's Church. He is truly passionate about seeing those without Christ to become followers of the Saviour.

#### Rev. Sidney H. Iggulden:

He was Vicar of St. Andrew's Church, Lahore, Pakistan from 1964 to 1979 and had a profound and long lasting impact on many Pakistani and expatriate people. I have his long lasting impact in my life. He moved from England to Australia. God intervened in his life and directed him to Pakistan.

Indeed we get a glimpse of the love of Christ through the love of our pastor.

#### D3 -Love to God and Jesus Christ

God's love has been poured into our hearts through the Holy Spirit who has been given to us.(Romans 5:5) But whoever keeps his word, in him truly the love of God is perfected. By this we may know that we are in him. (1 John 2:5)

#### Sadhu Sundar Singh - 40 years (1889 - 1929)

He was an Indian Christian missionary whose life and message had a far ranging impact. At age 40 years is believed to have died in the foothills of the Himalayas, although his body was never found. He devoted his life to mystic preaching, clothing in a thin, yellow robe to present Christianity in a uniquely Indian form. Sundar's impact went far and wide, influencing important spiritual leaders, such as C.S. Lewis. Once he had seen Jesus Christ in a vision and heard his voice. Singh himself built his spiritual life around visions. He visited some of the Western countries twice.

#### Billy Graham - 99 years (Nov 1918 – Feb 2018)

At 16 years God transformed a traditional farm boy into an instrument of God. In 1934 he underwent a religious experience and professed his "decision for Christ. He had a preaching style—a simple, direct message of sin and salvation that he delivered energetically. Graham's popular appeal was the result of his extraordinary charisma. Billy Graham walked in the woods one night seeking God's direction for his faith and God sealed him by a prayer. He preached the Gospel on every continent in most of the countries of the world.

#### Dr.DGS Dinakaran – 72 years (1935–2008)

He was an Indian evangelical preacher, the most influential and bestknown of the Charismatic evangelists working in India. Allan Anderson, sees similarities between Dhinakaran's efforts and those of Oral Roberts. In 1962, he tarried at the feet of the Lord Jesus and for three full hours he saw Lord Jesus face to face. His ministry has grown into a multi-faceted far-flung ministry, spreading the Good News to the world in 20 different ways, called the "Apostle of India". He had drawn crowds up to 500,000 people in many cities and towns of India.

#### Appendix-A

#### Marriage

So God created man in His own image, in the image of God He created him; male and female He created them. (Genesis 1:27) But whether your marriage is made in heaven or on earth, it is recognized in heaven because it was solemnized in the church.

#### 1) Arranged Marriage

Arranged marriage is one which is with consent of their parents. a) From asking God,

A missionary told in his sermon that one patient woman asked him to pray for her healing along with asking God for her future partner. He prayed as a result she was married according to God's plan with that missionary's son.

Abraham asked God for his will to marry his son Isaac. Under God's plan Isaac and Rebekah got great blessings. (Genesis 24:7,12-17,60) b) Parents agreement

Many successful marriages, e.g. Fatima narrated that I was born in a small city in Pakistan. Went to Canada and returned back for couple of months, my parents made an arranged marriage for me, came back to Canada as a married couple and living a very successful family life.

#### 2) Love Marriage

a) With parents consent:

There are many examples of successful arranged marriages. In my bigger family, we have some successful love marriages.

b) Without parents consent:

One of my sisters made love marriage <u>against parents will</u>. She had early death as compared to my other brothers/sisters-still living. Emma convinced her parents after 20 years, now less complications.

#### 3) Forced Marriage

Contrast to West, in few Asian cultures/religions it's somewhat traditional. My old colleague's father is retired Army personnel made his three sons' marriage by his own will and they are OK in that culture. But some examples show some complications in family life.

#### Appendix-B Resonance/Magnet

We define in physics, <u>resonance</u> is the tendency of a system to vibrate with increasing amplitudes at some frequencies of excitation.

Interaction of two persons depends upon matching of two soul's 'frequencies'.

Exact matching of frequency or tuning of souls will produce B3 type of love. Close or near matching of frequency or close or near tuning will produce B2 or B1 types of love.

#### Transmitter/Receiver:

Transmitter–may be Radio, TV or cell phone, etc. Receiver – may be Radio, TV or a cell phone, etc.

Communication will occur when both sides are properly tuned in.

#### Frequency or Tuning:

That means – same thoughts, life style, attitude, education, background, etc.

Examples: i) Sympathetic vibrations of the pendulum.

ii) Resonance in radio and TV receivers.

iii) Resonance in love - is defined by the presence of three key features: shared positive affect, caring nonverbal synchrony, and biological synchrony.

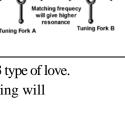
iv) Emotional resonance- a term used to describe the ability of emotions to connect with and influence the emotions of others. It is a concept that has gained increasing attention in the fields of psychology and neuroscience, as it can have a profound impact on social interactions and relationships.

I don't understand how a man loves a woman. (Proverbs 30:18-19)

Difference between Magnetic attraction and Resonance:

#### Magnet:

Magnet attracts only iron not other things. Also electron attracts proton and proton attracts electron. When we move with love in heart, it's acceptance feels attractive. As your body sending out magnetic waves that attract love to you.





#### Appendix-C

#### **Accelerating/Decreasing Factors**

Supplement your faith ... with patient endurance ... with love for everyone. (2 Peter 1:5-7)

#### Accelerating factors

Actually the simple meaning of accelerate is to move faster, to gain speed or to progress from grade to grade more rapidly than usual. But in the realm of love, I will use this term in a different perspective! a) <u>Atmosphere</u> - i) Music-Listening romantic songs may accumulates romance.

ii) Climate- shaped the development of romanticism itself e.g. rainy season is often considered a romantic season.

iii) Colors- Certain colors trigger romance, closeness, and intimacy.

b) <u>Thoughts</u>- Parapsychology explains that constant thinking, meditating or visualizing makes hypnotizing effects. Bringing that person in your thoughts sometimes makes dreams of that person and create accumulation of love.

c) <u>Time Factor</u>- One of my junior staff members used to come on motor bike to his office and used to see a girl standing on the door at nearby village. After 20 years they got married.

Mughal Empire prince Khurram would have to wait five years before he was married to Mumtaz Mahal.

Two Hollywood stars have been in a romantic partnership for 35 years. While they never felt the need to make their relationship official by getting married. Finally they made as couple together. The pair's love has been going strong now for 40 years.

d) <u>Love Languages</u>- We all give and receive love in 5 different ways: words of affirmation, acts of service, receiving gifts, quality time, and physical touch. - a concept created by Dr. Gary Chapman. <u>Decreasing Factors</u>

a) Sometimes fear is one of the primary factors; that might be social fear, parents' fear, your good name in the church circle or so.

a) Try to minimize all the above things with will power.

b) Make a concentrated and controlled effort to stop thinking about him. You must stop seeing him and stop communicating with him.c) Then you need to find something to fill in the time that you generally spent with that person.

d) To distance yourself from that person decreases further romance.



Love and its Types In this book discussed 12 types of Love Linked with our Body, Soul and Spirit Used single page for each topic



Ross Nazirullah is retired Physics lecturer. In the subject of Physics and Education; He is the author of more than 30 books. Also he made a remarkable Bible Atlas; Put around 800 biblical cities in present day map. Written 4 script Hymnal used in Asian churches. This Love Type book has its own distict nature.

### First Printing - 2023